



Bowen Training Australia
RTO41134

Certificate IV in Bowen Therapy

11273NAT



Australia's *only* nationally recognised qualifications in Bowen Therapy.

Bowen Training Australia is the only Registered Training Organisation authorised to teach Bowtech, the original Bowen Technique.

We have been training Bowen Therapists since 2010 and remain the leading provider of Bowen Therapy education.

BOWTECH®
The Original Bowen Technique

bowentraining.com.au



What is Bowen Therapy?

Bowen Therapy is a gentle, non-invasive, soft-tissue remedial therapy developed in Australia by Thomas Ambrose Bowen (1916 – 1982).

Using precise, rolling movements over muscles, fascia, ligaments, tendons, and nerves, Bowen Therapy supports the body's natural ability to reset, repair, and restore balance.

Safe and suitable for people of all ages and in all kinds of health, Bowen Therapy aims to address the underlying causes of discomfort rather than symptoms alone.

5 reasons you're ready to learn Bowen Therapy

1. You've experienced Bowen Therapy first-hand and loved its benefits.
2. You're passionate about health and helping others thrive.
3. You want a career where you can make a real difference in peoples' lives.
4. You're seeking flexibility and balance in your working life.
5. You're ready to study part-time with online learning + weekend classes.

We offer

- Small classes for personalised support
- Hands-on tuition with expert trainers for all practical units
- Online learning for theory and assessment tasks
- Clear pathways to [Diploma](#) and [continuing education](#)
- Opportunities to become a BTA Trainer and Assessor

Payment options

You purchase each theory and practical component as you progress, spreading the total cost over 12–18 months.

To stay on track:

- Both theory and practical components for each module should be completed together.
- Delays in theory submission may prevent attendance at the next practical module.

Your Welcome Letter includes personalised purchase links for all components.

Study time

Allow up to 10 hours per week for theory, logbooks, and case studies.

Flexible study options

- Online learning you can complete at home
- Face-to-face practical modules in small groups with expert trainers
- Part-time delivery over 12-18 months
- Courses run continuously in many locations across Australia

Visit [bowentraining.com.au](#) to find a class near you.

Entry requirements

- Aged 18 years or over
- No prior bodywork experience needed
- Internet access for online learning
- A device with Microsoft Suite -- Word (2013 or later), PowerPoint and Excel



HOW TO APPLY?

Visit [bowentraining.com.au](#) to find a **Module 1** or **Module 1 & 2 combined** class near you. Click Register Now.

1300 833 252

info@bowentraining.com.au

Course Information

Course recognition



- Nationally recognised qualification**

The Certificate IV in Bowen Therapy 11273NAT is nationally recognised by the Australian Skills Quality Authority (ASQA), the regulatory body for Australia's vocational education and training sector.

- Free student memberships**

Enrolled students enjoy free student membership with both [Australian Traditional Medicine Society](#) (ATMS) and [Bowen Association Australia](#) (BAA).

- Post-graduation pathways**

Graduates may upgrade to ATMS Accredited Member status for \$100 in their first year after graduation and are eligible for Full Membership with [Bowen Association Australia](#).

Career opportunities

Graduates can work in:

- Private practice
- Allied health and natural therapy clinics
- Spa and wellness centres
- Corporate wellness programs
- Sports, personal training, rehabilitation, and performance settings

Bowen Therapy complements many professions including Physiotherapy, massage, occupational therapy, yoga, PT, nursing, midwifery, naturopathy, and other complementary medicine disciplines.

Special interest areas include:

- Chronic pain
- Pre/post-natal care
- Babies and children
- Elderly care
- Sports & personal training
- Stress and trauma support
- Rehabilitation
- Body-mind integration

A clear pathway is also available to become a Bowen Training Australia Trainer and Assessor.

Study Breakdown

Practical Modules – Enterprise Units

Learn the mechanics of Bowen Therapy hands-on with your expert trainer in 7 modules, delivered in either 2- or 4-day classes.

Module 1 introduces the Bowen move, relaxation procedures, and core principles of Bowen Therapy.

Modules 2 to 7 progressively build your skills through a structured range of Bowen procedures, supporting a wide variety of client presentations.

Online Learning – Training Package Units

Complete 13 online theory assessments, along with logbooks and case studies between face-to-face modules.

Online learning begins one month before Module 1 or Module 1 and 2 combined.

HOW TO APPLY?

Visit bowentraining.com.au to find a **Module 1** or **Module 1 & 2 combined** class near you. Click Register Now.

1300 833 252

info@bowentraining.com.au

Mode of Delivery

Online Learning

Our online learning units align to the following nationally recognised Units of Competency:

Nationally Recognised Units of Competency		BTA Online Learning	Assessment Requirements
HLTAAP002	Confirm physical health status	Anatomy and Physiology 1-3 Anatomy and Physiology 4-6	6 Assessments
BSBMED301	Interpret and apply medical terminology appropriately		
CHCCOM006	Establish and manage client relationships	Communication and Referrals 1-2	2 Assessments
CHCPRP005	Engage with health professionals and the health system		
	Research and develop business plans	Research and Develop Business Plans	1 Assessment
HTLWHS001	Participate in workplace health and safety	Workplace Health & Safety	1 Assessment
HTLINF006	Apply basic principles and practices of infection prevention and control	Infection Control	1 Assessment
NAT11273001	Work within a Bowen Therapy framework	Work within a Bowen Therapy framework	1 Assessment
BSBMKG442	Conduct e-marketing communications	E-marketing communications	1 Assessment
HLTAID011	Provide First Aid This unit must be completed through an External Provider as it is not provided by BTA.		

Practical Learning

Modules 1-7 align to the following nationally recognised Units of Competency:

Nationally Recognised Units of Competency		BTA Practical Learning	Practical Assessment Requirements
NAT11273002	Perform Bowen Therapy assessment	Practical Module 1 Practical Module 2	Case studies (10) – A record of progress over 3 consecutive treatments
NAT11273003	Perform Bowen Therapy treatments	Practical Module 3 Practical Module 4 Practical Module 5 Practical Module 6 Practical Module 7	Logbook – A record of Practical experience of 100 hours of treatments completed outside of class.
BSBTWK201	Work effectively with others		



HOW TO APPLY?

Visit bowentraining.com.au to find a **Module 1** or **Module 1 & 2 combined** class near you. Click Register Now.

1300 833 252

info@bowentraining.com.au

2026 Course Structure and Tuition Fees

Enrolment Phase (10 Packs)	Tuition Fees	Enrolment Unit Inclusions Theory Units must be completed in line with your Training Plan.	Unit Fee	Example Timetable
Preparation Theory	\$260	Workplace Health and Safety Infection Control	\$130 \$130	Jan-26
Module 1 Pack	\$880	Practical Bowen Therapy – Module 1 (Practical Insurance) Practical Textbook Anatomy and Physiology 1	\$595 \$10 \$70 \$205	Feb-26
Module 2 Pack	\$810	Practical Bowen Therapy – Module 2 (Practical Insurance) Anatomy and Physiology 2	\$595 \$10 \$205	Apr-26
Module 3 Pack	\$810	Practical Bowen Therapy – Module 3 (Practical Insurance) Anatomy and Physiology 3	\$595 \$10 \$205	Jul-26
Module 4 Pack	\$810	Practical Bowen Therapy – Module 4 (Practical Insurance) Anatomy and Physiology 4	\$595 \$10 \$205	Sep-26
Module 5 Pack	\$765	Practical Bowen Therapy – Module 5 (Practical Insurance) Work Within a Bowen Therapy Framework	\$595 \$10 \$160	Nov-26
Module 6 Pack	\$750	Practical Bowen Therapy – Module 6 (Practical Insurance) Conduct E-Marketing Communications	\$595 \$10 \$145	Jan-27
Module 7 Pack	\$850	Practical Bowen Therapy – Module 7 (Practical Insurance) Communications (CR1) - Establish and manage client relationships	\$595 \$10 \$245	Feb-27
Advanced Theory	\$655	Anatomy and Physiology 5 Anatomy and Physiology 6 Communications (CR2) – Referrals Engage with health professionals and the health system	\$205 \$205 \$245	Apr-27
Business Theory	\$370	Research and Develop Business Plans	\$370	Jun-27
Total	\$6,960			

Course costs are current at time of distribution for the study period of 2026 onwards.
Bowen Training Australia reserves the right to alter course costs.



HOW TO APPLY?

Visit bowentraining.com.au to find a **Module 1** or **Module 1 & 2 combined** class near you. Click Register Now.

1300 833 252

info@bowentraining.com.au

Course Information

Study requirements and timeframes

Practical modules and theory must be completed concurrently, as detailed in your Training Plan provided at enrolment.

Some assessments such as *Work Within a Bowen Therapy Framework* and *Anatomy Workbooks 4, 5, & 6* require practical class experience.

Students are required to engage with both theory and practical components of the course. Required assessments must be submitted before progressing to the next practical module. Students may progress at a faster pace where appropriate.

The Certificate IV must be completed within 18 months.

Practical modules usually take 12 months, with logbooks/case studies sometimes extending slightly longer.

Minimum class numbers apply.

Required Textbooks

- Essentials of Human Anatomy & Physiology
Author: Elaine N. Marieb
- The Muscular System Manual: The Skeletal Muscles of the Human Body
Author: Joseph E. Muscolino

Recommended Textbook

- Anatomy & Physiology Colouring Workbook: A Complete Study Guide
Author: Elaine N. Marieb

Turnaround timeframes

Student Enquiries: within 24 business hours

Assessment Marking: up to 21 business days

Qualification issuance: within 30 calendar days (email + hard copy)

Testimonial

“Studying Bowen has enabled me to leave what has been my career for the last 25 years and start a new path that mirrors how I feel about life, health and healing. I look forward to continuing to be inspired by how Bowen has changed people’s quality of life.”

Brent Manuel
Graduate



HOW TO APPLY?

Visit bowentraining.com.au to find a **Module 1** or **Module 1 & 2 combined** class near you. Click Register Now.



1300 833 252

info@bowentraining.com.au

Course Information

Recognition of Prior Learning (RPL) and Credit Transfer (CT)

If you hold qualifications with matching units of competency (see p4), you may be eligible for Credit Transfer.

Relevant study, work experience, or life experience may be assessed for Recognition of Prior Learning through a portfolio of evidence.

For more information on CT or RPL, please visit this page of our website:

<https://bowentraining.com.au/bta-courses/recognition-of-prior-learning/>

Continuing Education

After completing your Certificate IV, you can pathway into the [Diploma of Specialised Bowen Therapy 11274NAT](#) to deepen your skills with advanced procedures, assessments, pathologies, and rehabilitation principles.

We also offer [continuing education workshops](#) and [practitioner revision days](#). While not part of the nationally recognised training, most are Bowtech-accredited, and all are eligible for Continuing Education points with Bowen Association Australia and Australian Traditional Medicine Society.

Earning potential

Bowen Therapy offers a flexible income with the ability to see multiple clients due to natural pauses between Bowen moves.

Income outcomes vary and depend on individual factors including location, client demand, hours worked, and business setup. The examples below are estimates only and are not a guarantee of earnings.



Session – \$90 per client	Weekly income (after 30% expenses)	Work hours	Annual income (48 weeks)
10 clients per week	\$630	1.5 days	\$30,240
20 clients per week	\$1,260	2.5 days	\$60,480
40 clients per week	\$2,520	5 days	\$120,960



HOW TO APPLY?

Visit bowentraining.com.au to find a **Module 1** or **Module 1 & 2 combined** class near you. Click Register Now.

1300 833 252

info@bowentraining.com.au

How to enrol



REGISTER ONLINE

Find a **Module 1** OR **Module 1 & 2** combined at bowentraining.com.au or a Trainer near you [here](#).



RECEIVE YOUR ENROLMENT KIT

Submit your forms to studentservices@bowentraining.com.au and cc your Trainer.



COMPLETE YOUR LLND

Complete your LLND to receive your Welcome Letter + Training Plan.



START ONLINE LEARNING

Complete Preparation **Theory** units one month before Module 1 OR Module 1 and 2 combined.



ATTEND YOUR FIRST CLASS

Confirm class times, location, and what to bring with your Trainer.



What is an LLND?

The Language, Literacy, Numeracy, and Digital Assessment ensures you have the needed skills for study success. If support is required, we will guide you to the right resources.



HOW TO APPLY?

Visit bowentraining.com.au to find a **Module 1** or **Module 1 & 2 combined** class near you. Click Register Now.

1300 833 252

info@bowentraining.com.au